



**SQAS COACHING THE COACH'S CLINIC**  
**FOR ALL ARCHERY INSTRUCTOR'S & CLUB COACH'S**

**27<sup>th</sup> February 2010.**

**Held At GCTA Samford**

**Start's 9.30am / Finish 3.30pm**

**Introduction: 9.30am**

**Topics:** Define The Archery Instructor & The Club  
Coach Rolls.  
Re-accreditation Requirements  
Upgrades  
Blue Cards

**Main Program:** Coaching & Understanding Simple  
Biomechanics  
Practical Demonstration

**Lunch: 12pm – 12.30pm**  
**Lunch will be provided by SQAS**

**Understanding the Basic Steps of Archery**  
**Practical Demonstration**  
**In-depth Discussion on The Aiming Process**  
**Question & Answer Time**

**Finish 3.30pm**

**You Need to Bring:** Pen & Paper – Archery Instructor / Club Coach Card  
Blue Card

**RSVP: By 23rd February 2010 (For catering purposes)**

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