



South Queensland Archery Society

SQAS COACHING CLINIC
ASSISTING COACH'S & ARCHERS DAY

7th August 2010.

Held at Coastal City Archers

8th August 2010.

Held at Mount Petrie Bowman

Both days start at 9.am / Finish 2.30pm.

Main Program

Coaching & Understanding Simple Biomechanics

Using Video in Training the Archer.

Practical Demonstration Using Video.

Helping the Coach with one on one Training techniques with the Archer

Question and Answer Time

ANY ENQUIRES CONTACT

Keith Manssen SQAS Regional Coach

Or

Julie Manssen SQAS Coaching Coordinator

Phone 07 41294541

Email: manssen@aanet.com.au